

Coercive control doesn't always look like violence

Verbal abuse, insults, contempt

Doubting your own memory

Isolated from friends and family

No control over decisions that impact your life

No say over how your money is spent

Threats, guilt tripping, reputational harm

Not recognising who you've become

Feeling like you're going crazy



Stand Again
Support for male victims
of family violence
www.standagain.com.au

Coercive Control



Self-Assessment